

Researchers report on progress of NIDA's Southern Africa initiative, comparison of three different approaches to teaching drug abuse counselors cognitive-behavioral therapy

Three models of counselor training are being evaluated for training South African counselors in cognitive behavioral therapy skills. To date, 55 counselors have been randomly assigned to one of three, 12 week training conditions: In vivo training; distance learning training; and self guided manual training. This presentation is a review of data from the first 2 cohorts of the study.

Information is presented on:

- **specific training and supervision methods**
- **methods used to measure CBT knowledge and skills**
- **data analysis methods**

Data is presented on:

- **retention of the counselors in the training**
- **preliminary set of study outcomes**

Challenges in the conduct of training research are described.

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